



ACADEMY



Official Sponsor of the
2018 IIHF World Hockey
Championship.

POWEREDGEPRO.COM

ABOUT US

- Power Edge Pro is the **leader in Small Area Reactive Hockey Training**. PEP delivers a patented unmatched elite training experience with an **unparalleled record of developing players**. PEP's innovative program is changing the way today's hockey players train.
- **Reactive Countering Training™** is critical to player development by initiating much earlier development of elite skills through "Progressional overloading" of the motor skills.
- The HSL Academy and Power Edge Pro understands the power of changing the game through innovation. Power Edge Pro is the leader in small area, reactive hockey training. The HSL Academy is committed to deliver a new standard of value for student athletes to compete in a borderless hockey league.

“THE PEP TRAINING METHODS USED BY CONNOR MCDAVID FOR OVER A DECADE ARE LITERALLY **CHANGING THE WAY WE APPROACH PLAYER DEVELOPMENT.**”

“**Small Area-Reactive Countering** is critical to player development and one of the best predictors of a player's small area game performance.”

- **Joe Quinn** – President and Founder of Power Edge Pro (PEP)



JOE QUINN — PRESIDENT AND FOUNDER OF POWER EDGE PRO (PEP)



RECENTLY FEATURED AS ONE OF THE RECIPIENTS OF THE 'TOP 100 PEOPLE OF POWER AND INFLUENCE IN HOCKEY'

- As the **President and Founder of Power Edge Pro (PEP)**, Joe pioneered Reactive Countering Training™, creating the multi-patented Power Edge Pro Training System. The Power Edge Pro training methods are **transforming the way coaches and trainers approach player development**.
- Joe's training methods and unique teaching breakthroughs in player development have been adopted by the **NHL's Vancouver Canucks, Nashville Predators, Detroit Red Wings, Minnesota Wild and Columbus Blue Jackets**; numerous **CHL, NCAA teams** and the **U.S National Development Program**.



NICK QUINN — EXECUTIVE DIRECTOR OF POWER EDGE PRO (PEP)



PLAYED FOR THE **OSHAWA GENERALS OF THE OHL** (2010-2012)

- 21st Overall Pick in the **2008 OHL Draft**
- **Consultant for NHL organizations** and sports agencies, working with NHL players and 'top prospects'.

“Skills coach **Nick Quinn of Power Edge Pro (PEP)**. I don't want to pump their tires too much but PEP is probably hockey's leading skills consultancy. They work closely with many of the game's stars, including Connor McDavid, Taylor Hall, John Tavares, Mat Barzal and the Hughes brothers. **Quinn's focus is primarily with their prospects**, with clients that include top 2020 draftees Quinton Byfield, Cole Perfetti and Jamie Drysdale, as well as some potential future first overall picks in Shane Wright (2022), Connor Bedard (2023) and Adam Fantilli (2023).”

The Athletic – Aug 14, 2020



“POWER EDGE PRO IS SOMETHING I TRULY BELIEVE IN.”

“I started training with Power Edge Pro when I was 10 and the years of PEP Training circuits and unique repetitions have been a major advantage for me. To watch PEP evolve and see where it is today is amazing. It’s truly the best trainer out there.”

CONNOR MCDAVID TRAINING WITH PEP.



NHL Super Star Connor McDavid adopted Joe Quinn’s Power Edge Pro System over a decade ago and continues to train with the PEP System today.

CONNOR MCDAVID
#97, EDMONTON OILERS
PEP AMBASSADOR



PERFORMANCE PROVEN

- **Industry leader** in hockey development training.
- Our program was used at one of the first private sport schools in the Greater Toronto Area in which players were paying \$20,000+ to attend each year with **52 boys enrolled in the hockey program**.
- The Power Edge Pro Training is a set curriculum and is instructed in a linear progression model utilizing our proprietary video software for **enhanced learning**.

FIVE YEARS LATER, THESE PLAYERS WENT ON TO:



6 – PLAYERS DRAFTED
3 – DRAFTED FIRST ROUND
50% – OF PROJECTED 2019
1ST ROUND PICKS



4 – PLAYERS PLAYING
CURRENTLY



21 – PLAYERS DRAFTED
7 – 1ST ROUND PICKS
2 – DRAFTED 1ST OVERALL






7 – PLAYERS RECEIVED
SCHOLARSHIPS



45 OF THE 52 PLAYERS GRADUATED TO JUNIOR HOCKEY AND ABOVE

- One of those students was **Connor McDavid** who was the 1st overall pick for the **2015 NHL Entry Draft**, and who is our Official PEP Ambassador.

YEAR	LEAGUE	# OF PEP DRAFTS	TYPE OF DRAFT PICK
2018		9	1ST ROUND DRAFT PICKS
2019		12	1ST ROUND DRAFT PICKS
2020		5	TOP 10 PICKS - 1ST ROUND
2021		12	1ST ROUND DRAFT PICKS
2018		65%	1ST ROUND DRAFT PICKS
2019		50%	1ST, 2ND, 3RD, & 4TH OVERALL
2020		53	1ST, 2ND, & 4TH OVERALL
2021		68%	1ST ROUND DRAFT PICKS
18' & 20'		50%	1ST ROUND DRAFT PICKS



SOME OF OUR PARTNERS



DEVELOPMENT PARTNER
COLUMBUS BLUE JACKETS



DEVELOPMENT PARTNER
DETROIT RED WINGS



DEVELOPMENT PARTNER
VANCOUVER CANUCKS



DEVELOPMENT PARTNER
NASHVILLE PREDATORS



DEVELOPMENT PARTNER
MINNESOTA WILD



USA NATIONAL TEAM U 17/18
DEVELOPMENT PROGRAM



OFFICIAL DEVELOPMENT
PARTNER



KITCHENER RANGERS
(OHL)



UNIVERSITY OF MICHIGAN
(NCAA)



U OF NORTH DAKOTA (NCAA)



PENN STATE (NCAA)



QUINNIPIAC (NCAA)



OSHAWA GENERALS (OHL)
5X MEMORIAL CUP CHAMPIONS



KELOWNA ROCKETS (WHL)



DEVELOPMENT PARTNER
HOCKEY ALBERTA



SAGINAW SPIRIT (OHL)



“ALL OUR PLAYERS AT THE NTDP TRAIN WITH PEP”

“Power Edge Pro Hockey’s Reactive Countering Training is the type of innovative skill development that will greatly benefit our players as they continue their **succession of medal performances** at the **U-18 World Championship** and reach their personal goals for achievement in college and professional hockey.”

- **Scott Monaghan** – US National Development Program,
Program Director of Hockey Operations

PEP TRAINING DEVELOPMENT WITH US NATIONAL TEAM.



TRAINED OVER 100 PLAYERS



**CONNOR MCDAVID — EDMONTON OILERS
(1ST OVERALL PICK)**

- NHL MVP
- 2X NHL SCORING CHAMP
- 3X NHL ALL STAR



**JOHN TAVARES — TORONTO MAPLE LEAFS
(1ST OVERALL PICK)**

- 6X NHL ALL STAR
- TORONTO MAPLE LEAFS CAPTAIN



**TAYLOR HALL — BUFFALO SABRES
(1ST OVERALL PICK)**

- NHL MVP
- 5X NHL ALL STAR



**JACK HUGHES — NJ DEVILS
(1ST OVERALL PICK)**

- USA HOCKEY JUNIOR
PLAYER OF YEAR



QUINN HUGHES — VANCOUVER CANUCKS

- NHL ALL STAR
- NHL ALL ROOKIE TEAM



DYLAN LARKIN — DETROIT RED WINGS

- NHL ALL STAR
- DETROIT RED WINGS CAPTAIN



**ZACH WERENSKI —
COLUMBUS BLUE JACKETS**

- NHL ALL STAR



**ALEX DEBRINCAT —
CHICAGO BLACKHAWKS**



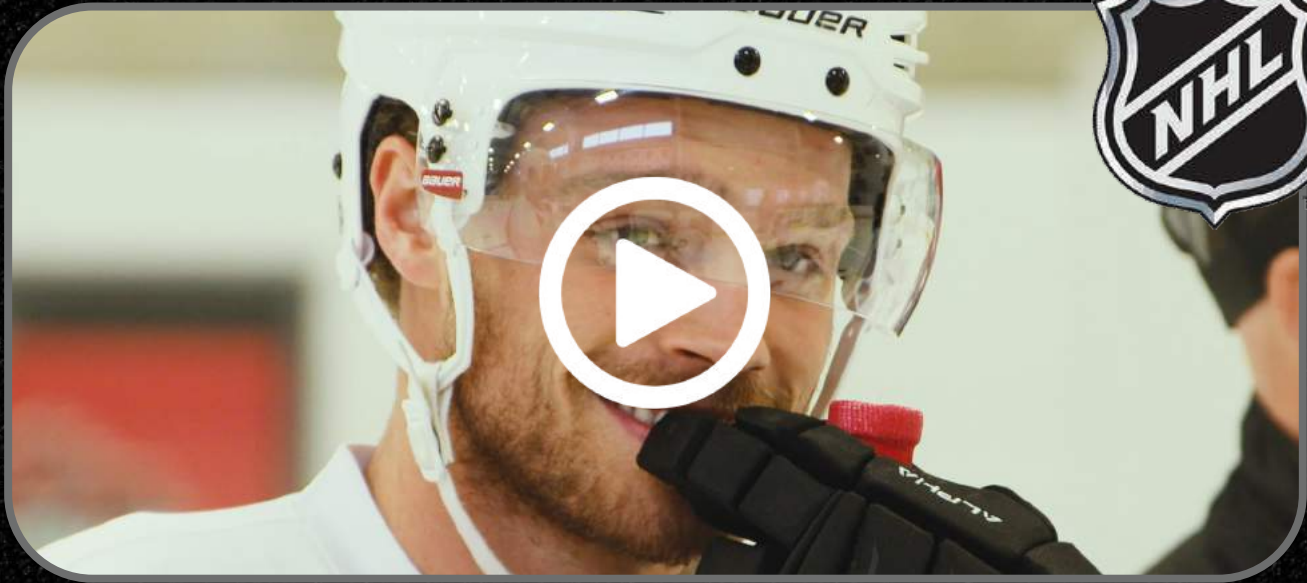
**OWEN POWER — RANKED #1
2021 NHL DRAFT**

- USHL DEFENSEMAN OF THE YEAR

+ CLICK HERE TO VIEW MORE



TRAINED OVER **100**  **PLAYERS**



CLICK TO WATCH. NHL PLAYERS TRAINING USING PEP METHODS.

TRAINING THE FUTURE



**SHANE WRIGHT — RANKED #1
2022 NHL DRAFT**

- CHL ROOKIE OF THE YEAR



**QUINTON BYFIELD — 2ND OVERALL
2020 NHL DRAFT**

- CHL ROOKIE OF THE YEAR



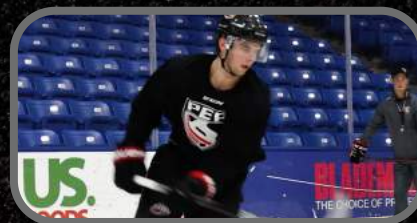
**JAMIE DRYSDALE — 6TH OVERALL
2020 NHL DRAFT**



**COLE PERFETTI — 10TH OVERALL
2020 NHL DRAFT**



**CONNOR BEDARD — 1ST OVERALL
2020 WHL DRAFT**



**ADAM FANTILLI — CHICAGO STEEL
2023 NHL DRAFT**



**BERKLY CATTON — 1ST OVERALL
2021 WHL DRAFT**



**CALUM RITCHIE — 2ND OVERALL
2021 OHL DRAFT**



**BRAYDEN YAGER — 3RD OVERALL
2020 WHL DRAFT**



PEP IS THE FUTURE OF PLAYER DEVELOPMENT

- Elite players don't just move from point A to point B with speed. They create space with speed and **manage the inches between two points.**
- No hockey company in the world has the testing capabilities like the **Intelligent R.C.T. Gear.**
- Our new testing methods identify and **develop elite talent.**

THE PEP INTELLIGENT REACTIVE COUNTERING™ TRAINING (R.C.T.)
GEAR IS A MAJOR ADVANCEMENT IN HOCKEY TESTING.

CLICK HERE

+ TO VIEW MORE



17 Sensors track Reactive Puck Placement angle and speed on up to **9 passing angles.**



PEP FEATURED MEDIA RELEASES

SI NFL NCAAF MLB NBA FANTASY SOCCER

HOME > NHL

Oilers sign Connor McDavid to 8-year, \$100 million ...
Oilers and reigning Hart Trophy winner Connor McDavid ink extension that will ...

NOW PLAYING: OILERS' MCDAVID INKS 8-YEAR, \$100 MILLION EXTENSION

Young Stars Finding Innovative Ways To Train For New NHL

Featured on SI.com – [Click to read.](#)

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Yeah, Connor McDavid got faster over the summer. And he's not finished yet

Connor McDavid blew everyone away when he showcased his speed on opening night. And the scary part? He might not even be at his top speed.

KEN CAMPBELL · OCT 13, 2017

On the second of his three goals in the season opener, Edmonton Oilers' superstar Connor McDavid was clocked at a peak speed of 40.9 kilometers per hour, which is just a shade over 25.5 miles per hour for those of you who still deal in such modes of measurement. And

Featured on SI.com – [Click to read.](#)

NHL MLB NBA NFL Soccer More ...

Connor McDavid's skating coach says he can add more speed'

Scotiabank SN CGY 0 1 EDM 3RD 11:55
Tim Hortons Boston Pizza

40.2 km/h

Breaking down McDavid's 40 km/h end-t

Featured on Sportsnet.ca – [Click to read.](#)

The Athletic

al vs Liverpool Cities NHL MLB NFL NBA CFB CBB Soccer Betting


How Connor McDavid became hockey's greatest skater

pepsi ZERO SUGAR sCord Tim

Featured on TheAthletic.com – [Click to read.](#)



PEP



HSL

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